



Bambini Pediatrics PC

Wholesome Medical Care for Kids

Integrative Options for Children with Autistic Spectrum Symptoms (PDD, Aspergers, Sensory Integration, etc.)

Diet

- Avoid sugar, processed foods
- Avoid or limit gluten, casein

Supplements

- Carnosine
- Chelating agents: Pectasol, Metal Magic, NCD Zeolite, bentonite
- Cod liver oil (winter), krill or mussel oil (summer)
- Colostrum, transfer factor
- Cucurmin (Enhansa)
- Digestive enzymes
- Epsom salt baths, clay baths
- Glutathione (topical, nebulized); Pro-Immune Premix, Immunocal
- Homeopathics
- Melatonin
- Minerals: magnesium, zinc
- Multi-vitamin: A, B complex, C, D – especially important
- Oxytocin Nasal spray
- OSR (oxidative stress reducer)
- Probiotics
- TMG, DMG, Methyl-Aid

Therapies

- Hippotherapy
- Homeopathics
- Hyperbaric oxygen
- Sensorylearning.com
- TSO (immune modulation with parasite)

Drugs

- Anti-fungals (if significant dysbiosis)
- Anti-psychotics (Risperdal, Abilify); Mood stabilizers (e.g. Seroquel, Topamax, Clonidine)

Revised 4/14/2010